



Lake Revelstoke Dragon Boat Society

Registered as a non-profit society #S-0065126 with the Province of British Columbia

WAIVER, RELEASE, AND INDEMNIFICATION FORM - **Under 19 years**

I, _____ of _____, of _____
Print name Physical address City or Regional District

recognize and acknowledge that paddling dragon boats is a considerable test of an individual's personal fitness, strength, coordination and endurance. I acknowledge that I should consult a physician prior to starting a physical fitness program. Participation in this sport involves a serious risk to each and every participant. These risks include but are not limited to: drowning, hypothermia, boat collision, impact injuries, muscle strain, overuse injuries, sunburn, and all other possibilities for injury when involved in racing, training and paddling on all types of waters.

I understand and acknowledge that the Lake Revelstoke Dragon Boat Society (LRDBS) will practice and race on cold lakes and swift rivers, and that the Society requires personal floatation devices (PFDs) be worn at all times while practicing and racing.

I have read and understand the above paragraphs and the risks described therein, and confirm the following:

- Both I and my parent or legal guardian have read and understand the terms in this Waiver, Release, and Indemnification form;
- I hereby agree to abide by the rules and regulations of LRDBS and its executive, directors, and coaches, as set from time to time;
- I and my parent or legal guardian hereby waive and release, for myself, my executors, administrators, next of kin, and assigns, any and all claims or clauses of action that I may have against LRDBS, or its directors, coaches, members, volunteers, sponsors, or any one or more of their executors, administrators, next of kin or assigns (hereinafter "The Participants"), including any and all claims for personal damage, death, or property damage caused by LRDBS or The Participants, arising out of my participation in paddling, including but not limited to training, racing and related events, together with any costs, including legal fees, that may be incurred as a result of any such claims whether valid or not;
- I hereby indemnify and hold harmless LRDBS and The Participants, against any and all claims or causes of action that I or my executors, administrators, next of kin, successors or assigns may have or assert for damages for personal injury, death or property damage including any costs including legal fees that may be incurred as a result of any such claims whether valid or not;
- I hereby acknowledge that I have sole responsibility for my personal possessions and athletic equipment during paddling activities, races and related activities, and including damage occurring during transportation of persons and equipment to and from paddling activities, races and related activities;
- I hereby give permission to LRDBS to use my picture on their website and in other media promoting the Society's activities.
- I hereby attest that, to the best of my knowledge, I am in good physical health and agree to participate in the herein described activities, acknowledging the inherent danger therein, knowing my level of physical health.

I have not attained the full age of nineteen years. I have carefully read and fully understand this document and it has been explained to me by my parent or legal guardian. My parent or legal guardian is executing this document concurrently with me, and our signatures have been witnessed by a non-family member.

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|----------------------------------|-----------------------------------|
| Signature of applicant: | Print applicant name: |
| Signature of parent or guardian: | Print name of parent or guardian: |
| Signature of witness: | Print name of witness: |

Date: _____